## Rapid prayers for times of rapid change



One step, God, let me take this one step.

I look up, the sky is always beautiful, thank You.

Yes, God, you're right – its' time for a cuppa. I can take this moment. Amen.

I love that. Thank You.

As my life continues online, God, I'm so grateful for all those kids who knew too much about maths and have grown to be IT experts.

My street still rings with the voices of children playing and people at work. Life is rich and complex.

Gracious God, protect those who are protecting us. Amen.

Let me not forget that this is not all there is.

Peace be upon my house and the houses of my neighbours. May it be so.

This moment is a moment of grace. Let me grasp it and the goodness I can do in it.

The line is long, grant me patience.

I'm on the fly – fly with me God.

Day is ended, I have done what I can, let my soul be still, let me rest.

Centre for Music, Liturgy & the Arts